# Benchmark 6: Assess Your Youth and Family Ministry Program

### The Art & Spirit of Youth & Family

Serving families is not only part of our reason for being in spiritual community, it is also essential to our long-term success in creating a world that works for all. If our congregations begin aging without new faces joining in, we may eventually experience a decline in future growth potential. Thriving ministries offer congregants a strong Youth & Family Ministry (YFM) program to support parents in the important task of teaching and modeling spiritual principles to our youth. We have a message that changes lives at any age!

## **Getting Started**

This benchmark provides you a comprehensive assessment tool to discover the areas of excellence in your youth and family programming as well as the opportunities for growth. Youth and family ministry in Unity encompasses young people from infants to 18 years of age and the people around them that create their families. The goal is to provide a safe and nurturing environment that promotes spiritual growth, physical and emotional health, and positive self-esteem. This assessment tool will help you to celebrate your successes and find new ways to enhance your programming by giving you a snapshot of your current program's expression.

Terms to keep in mind while reviewing the assessment:

- Uniteens: ministry for middle-school youth (11 to 13 years)
- YFM: Youth and Family Ministry
- YOU: Youth of Unity, a ministry for high school youth (14 to 18 years)

#### **Action Steps**

- 1. Look over the entire assessment tool on the following pages.
- 2. Create a team to oversee the assessment process. The team should include staff, parents, YFM volunteers, a board representative, and a YOUer.
- 3. Complete an honest and in-depth assessment of where your program stands.
- 4. The team reports its findings to the ministry leadership.
- 5. Implement the Guest Evaluation following this section for first-timers with families. (Optional)
- 6. Take the required action steps and identify additional steps for future action in your youth and family ministry.
- 7. Complete the Benchmark Tracking Sheet and submit it to the association home office (Attn: Communications) as soon as you have completed the benchmark. You will find tracking sheets in this book, as well as on the web as a fill-in form (www.unity.org/thrive).

This assessment is divided into several sections. To complete it, answer the following questions, make note of required action steps (if any) and report to church leadership.

#### Glossary of terms used in this assessment

Uniteens: ministry for middle-school youth, usually 11–13 years of age YFM: Youth and Family Ministry

YOU: Youth of Unity, a ministry for high school ages, usually 14–18.

#### **Planning and Support**

Item	Yes	No	Required Action
Do you have a copy of the Youth and Family Ministry			Order for your
Guide? (See www.UnityWorldwideMinistries.org or call			ministry #6010
816.524.7414 and ask for the ordering department)			(\$36.95)
Do you know where to find past issues of <i>Education</i>			Go to
Links?			www.unity.org/el
Are you signed up to receive the online bi-weekly			Sign up for this
update, The Path? www.unity.org/enews			free resource
Do you know the names and contact information for			Get information
your Regional Education Consultants and your			and connect
International Youth Coordinators?			
Have you visited the Youth and Family web pages on			Review website
www.UnityWorldwideMinistries.org?			offerings

#### Programming

Item	Yes	No	Priority of Goal
Is there a clear vision statement for the YFM that is			
shared by the church leadership?			
Is the mission and purpose statement of the YFM			
clearly articulated?			
Is the YFM program funded appropriately for the			
organization's mission?			
Does the YFM have a budget?			
Is the budget reviewed by the board of trustees and			
minister?			
Are the YFM activities scheduled on the church calendar?			
Do the YFM coordinator and minister meet regularly?			
Does the YFM coordinator communicate to parents			
and the congregation?			
Do you have family events and/or parenting classes?			

#### Curriculum

Item	Yes	No	Priority of Goal
Is the Living Curriculum philosophy being used? (See			
UnityWorldwideMinistries.org for a description of the			
Living Curriculum philosophy.)			
Have you chosen a curriculum, or curricula, that			
reflect your church's mission and vision?			
Does each curriculum utilize multiple intelligences?			
Is each curriculum used age-appropriate?			
Does it engage both boys and girls?			
Does it demonstrate Unity principles?			
Does it honor family diversity?			
Is the curriculum teacher-friendly?			
Does it utilize supplies that are easily acquired and			
within the budget?			
Do you have special holiday lessons and activities?			

## Environment for welcoming families

Item	Yes	No	Priority of Goal
Is the YFM information easy to find on the church's			
website?			
Are there easy-to-read signs clearly marking the			
church entrance and children's ministry areas?			
Is the YFM ministry area easy to find in the church?			
Are greeters informed and helpful in directing			
families to the YFM area?			
Are printed materials containing information about			
YFM ministry easily accessible?			
Are the classrooms labeled?			
Are classrooms in reasonably close proximity to each			
other?			
Are classrooms in reasonably close proximity to the			
sanctuary?			
Are visitors able to identify the YFM ministry director,			
youth minister, or other designated staff members?			
Are visiting children welcomed and identified as			
visitors in each classroom?			
Is the sign-in area prepared (materials available for			
each event)?			
Is parent contact information on file?			
Is snack information clearly posted?			

## Sunday morning classrooms

Item	Yes	No	Priority of Goal
Are the classrooms ready 15 minutes before service			
time?			
Is there a pre-session activity?			
Are the teachers ready to receive students 15 minutes			
before service time?			
Have they prepared a lesson ahead of time?			
Is there a prayer time for teachers and volunteers			
before each church service?			
Is there a child's prayer request form?			
Is a prayer chaplain available?			
Is there a time of prayer/meditation in each class?			
Is there a class routine that helps give structure to			
the hour?			
Is there consistent program implementation?			
Is there a planned opening for each session?			
Is music incorporated?			
Does it include time for the youth to connect?			
Are heart agreements used?			
Are the heart agreements current?			
Did the youth help create the heart agreements?			
Have the youth and teachers signed the heart			
agreements?			
Do the teachers have the lesson supplies they need?			
Are the supplies organized and easy to find?			
Are old supplies recycled or discarded?			
Are the children and teens actively engaged in their			
classes?			
Do teachers check to determine if the youth			
understand the lesson and its practical life			
application?			

## Uniteens (11 - 13 years)

Item	Yes	No	Priority of Goal
Do you have a copy of the Teen Ministry Handbook?			
Have the Uniteen sponsors read the handbook?			
Do the Uniteens attend local and/or regional Uniteen			
retreats?			
Is there a procedure for event paper work to be			
completed and processed?			
Is participation in service projects available and			
encouraged?			
Do you have a policy about Uniteen fundraisers?			
Are the current fundraisers working?			
Do the Uniteens have the funds to do the activities			
they desire?			
Are there social events in addition to the regional			
retreats?			
Do you have a Rites of Passage program for graduating			
Uniteens?			

# YOU (Youth of Unity 14 - 18 years)

Item	Yes	No	Priority of Goal
Do you have a copy of the Teen Ministry Handbook?			
Have the YOU sponsors read the handbook?			
Do the YOUers attend regional rallies and			
international YOU events?			
Is there a procedure for event paper work to be			
completed and processed?			
Is participation in service projects available and			
encouraged?			
Do you have a policy about YOU fundraisers?			
Are the current fundraisers working?			
Do the YOUers have the funds to do the activities			
they desire?			
Are there social events in addition to the regional			
retreats?			
Do the youth take appropriate levels of leadership			
both in and out of the classroom?			
Is there a teen representative on the board?			
Is there a process for teens to ask questions and give			
input to the board?			
Is there a process in place for the next level of			
participation in the ministry for graduating YOUers?			

## Intergenerational Activities

Item	Yes	No	Priority of Goal
Are programs in place that encourage and support			
interaction of congregants of all ages?			
Are there recurring multigenerational activities that			
happen with intention?			
Are there times for multigenerational play (i.e.:			
picnics, plays, family activities and outings?)			

#### Staffing/Volunteers

Item	Yes	No	Priority of Goal
Is there a list describing all YFM volunteer ministry			
positions available?			
Are the positions regularly evaluated and updated?			
Do volunteer descriptions include what is expected of			
the volunteer and how long they will serve in that			
position?			
Are people given an accurate picture of how much			
time and effort it will take to fulfill the requirements			
of the position they are being recruited for?			
Do the YFM volunteers understand how their work			
contributes to the mission of the church?			
Is there sufficient staff? Are all the positions filled?			
Are personal invitations extended to prospective YFM			
volunteers?			
Is there an application process used and followed			
consistently?			
Are references checked and documented?			
Are background checks run on all volunteers and staff			
working with children and updated every 2-3 years?			
Is there an established procedure for conducting one-			
on-one interview with potential volunteers?			
Is a volunteer orientation and training program in			
place?			
Do you provide volunteers with a written handbook			
regarding the policies and procedures?			
Is sacred safety training available for YFM volunteers?			
Do volunteers understand how your church defines			
and practices confidentiality and privacy?			

#### Staffing/Volunteers (cont.)

Item	Yes	No	Priority of Goal
Do YFM volunteers have an opportunity to "try out" a			
position before making a commitment to serve?			
Is there a current commitment statement for each			
team member on file?			
Is there a performance review process in place for			
volunteers?			
Are complaints or concerns about volunteers'			
behavior handled immediately?			
Are there written procedures for terminating			
volunteers?			

## Training/Meetings/Development

Item	Yes	No	Priority of Goal
Are meetings/trainings held on a regular basis?			
Are meetings organized? Engaging? Well-attended?			
Are the teachers and minister kept up-to-date?			
Is the staff trained in YFM practices?			
Is the staff trained in Sacred Safety?			
Is the staff trained in how to use the Bible?			
Is the staff trained in multiple intelligences?			
Is the staff trained in Unity teachings?			
Is the staff trained in first-aid procedures?			
Is the training current?			
Is there a planned, intentional calendar in place for			
group recognition events and/or a system for			
recognizing volunteers individually?			
Do volunteers have someone available to encourage			
and assist them in developing and growing in their			
roles (a mentor)?			
Are volunteers given an opportunity to give feedback			
and suggest changes that would improve the position?			
Are volunteers given an opportunity to change			
positions on a regular basis?			
Is there an exit interview process in place?			
Are records kept in the YFM of the volunteer service			
of each member?			
Are regular evaluations of our YFM ministry goals,			
objectives and action plans done?			
Is there regular planning for YFM leaders to identify			
needs and establish goals?			

## Sacred Safety

#### Policies and Procedures

Item	Yes	No	Priority of Goal
Does the ministry have a Sacred Safety Policies and			
Procedures (SSPP) manual (examples available on			
UnityWorldwideMinistries.org)?			
Is the above manual available to parents and YFM			
teachers?			
Do you provide SSPP training for volunteers?			
Are the board members and other church staff trained			
in SSPP practices?			
Are the SSPP formally reviewed on a regular basis?			
Do you diligently adhere to the SSPP practices?			
Are emergency numbers posted and easily accessible?			
Are contact numbers posted for emergency utility			
issues?			
Does the SSPP manual include procedures for			
evacuation?			
Does the SSPP manual include procedures for severe			
weather?			
Does the SSPP manual include procedures for Shelter			
In Place (missing child, suspicious person)?			
Does the SSPP manual include procedures for medical			
emergency?			
Is an incident report process for volunteers in place?			
Is there an adequate emergency communication			
system for informing parents, staff, adult service,			
other classes, etc?			
Are there first-aid kits? Do the kits have current and			
appropriate supplies?			
Are the fire extinguishers labeled, accessible and			
does the staff know how to use them?			
Are volunteers and staff aware of the location of			
utility safety mechanisms, i.e. water shut off valves,			
alarm systems and circuit breakers?			
Do you have room usage guidelines?			
Are harmful supplies stored safely? (anything that			
would be harmful when ingested or skin/eye contact)			

## Policies and Procedures (cont.)

Item	Yes	No	Priority of Goal
Are youth adequately supervised according to the			
time, place and activity?			
Do you have a policy of two-adults per room?			
Are there guidelines on who is allowed in the			
classrooms on Sunday and/or during the week?			
Are attendance records kept?			
Are allergies noted on records?			
Are old records retrievable?			
Is there a registration form completed for each youth?			
Is this information accessible to teachers who have a			
need to know?			
Is there a sign-in procedure?			
Is it followed, reviewed, communicated?			
Is it used outside Sunday classes?			
Is there a medical release completed for each youth?			
Is the medical release accessible to the adults who			
have the need to know?			
Are permission slips used for attendance at events?			
Are pictures only taken of youth with photo releases?			

### Insurance/Travel

Item	Yes	No	Priority of Goal
Do you have general liability coverage for the			
volunteer program? Who is covered and when?			
Is the liability coverage reviewed periodically?			
Have you assessed your programs for, and are you			
within, the level of liability coverage required?			
Have you developed a relationship with your			
insurance representative and know best practices?			
Does the church have adequate insurance coverage			
for youth on playground during the week?			
Does the church have adequate insurance coverage			
for everyone on grounds at anytime?			
Does the church have adequate insurance coverage			
for outside groups using or renting space?			
Are these groups aware of your policy and procedures			
for young people?			

#### **Insurance for Drivers**

Item	Yes	No	Priority of Goal
Does the ministry have insurance that covers			
volunteer drivers?			
Is it primary or secondary to the drivers' insurance?			
Are the drivers involved informed of this information?			
Are all vehicle types covered, including 15-passenger vans?			
Do you check for current driver's licenses and keep			
copies of current insurance on file for volunteers			
driving their own vehicles?			
Are volunteers made aware that they may need to			
notify their personal auto insurance carrier of their			
volunteer driving activities?			
Do you check driving records?			
Does each driver have all the appropriate forms for			
youth and adults in the vehicle?			
Does each car have emergency kits for weather and			
driving conditions?			

Playground (This applies if the church has a designated outdoor play area, especially if it has play equipment.)

Item	Yes	No	Priority of Goal
Has the playground been checked for cleanliness?			
Are there regular inspections of the area and play			
equipment?			
Is the area fenced?			
Are there rules for use (posted, trained, and			
followed)?			

#### Congregant Input

Use the form that follows to get additional information on your YFM program from the congregant perspective.

### **Guest Evaluation**

In assessing your youth and family ministry, you may want to have input from "fresh eyes." Below is an evaluation form directed at those who are new to your ministry, or for whom this is their first time at the church. Ask each family to fill in and mail back in your stamped selfaddressed envelope provided with the evaluation.

You may decide to add some questions particular to your ministry. Remember that the fewer questions you ask, the more likely it is that the form will be filled out and returned.

Guest Evaluation	strongly disagree	disagree	neutral	agree	strongly agree
1. The youth and family ministry area was inviting and welcoming	1	2	3	4	5
2. I was greeted immediately during my visit to the youth and family ministry area	1	2	3	4	5
<ul> <li>3. I was informed about the:</li> <li>a. Vision/mission of the youth and family ministry</li> <li>b. Morning schedule</li> <li>c. Sign-in and registration procedures</li> <li>d. Signing-out process</li> <li>e. Sacred Safety Procedures</li> </ul>	1 1 1 1	2 2 2 2 2 2	3 3 3 3 3	4 4 4 4	5 5 5 5 5
<ul><li>4. I was consulted about:</li><li>a. Snacks/allergies/health concerns</li><li>b. Parent contact information</li></ul>	1 1	2 2	3 3	4 4	5 5
5. I felt secure leaving my child while attending worship	1	2	3	4	5
6. My family would enjoy visiting this community again	1	2	3	4	5
7. My family was thanked for coming, and invited to return	1	2	3	4	5
8. My child was welcomed by the teacher and children	1	2	3	4	5
9. My child had a good experience during their class	1	2	3	4	5
10. My child was concerned about something during the morning 11. What was your child's favorite part of the morning?	1	2	3	4	5
12. What did you find the most helpful?					

13. Do you have any recommendations?