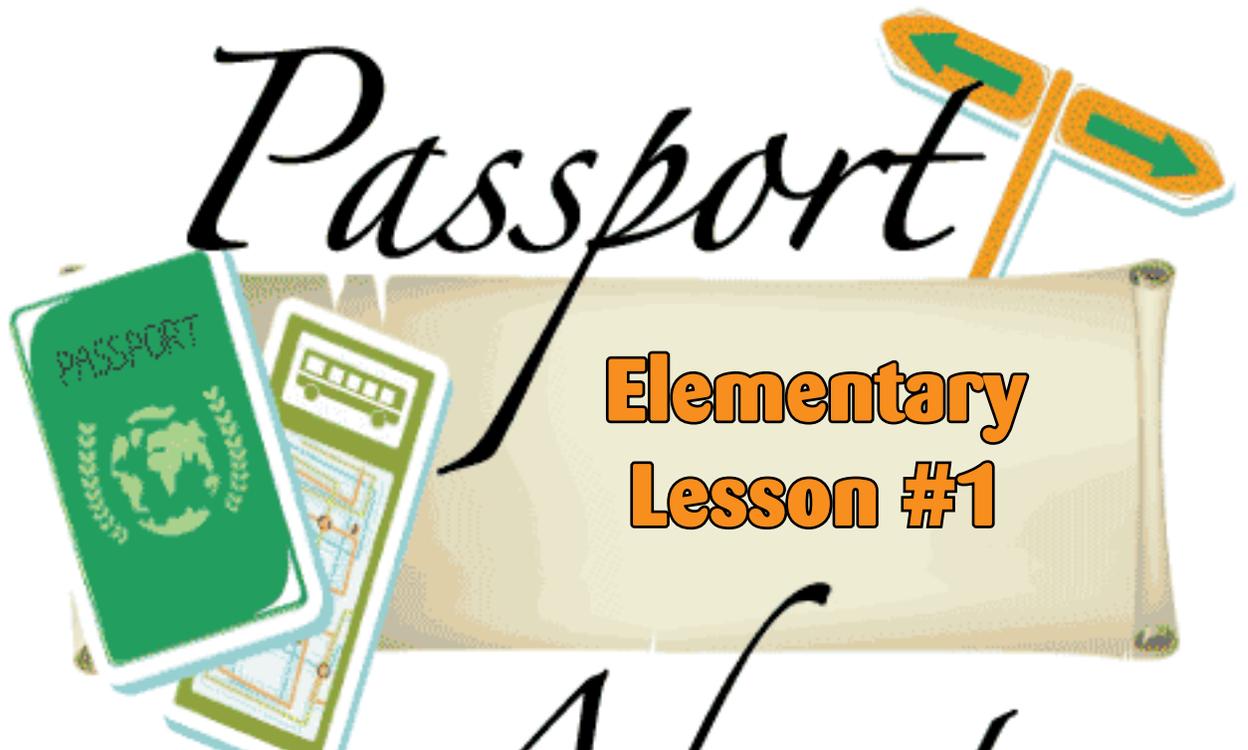



Worldwide Ministries
Great Lakes Region



Passport

**Elementary
Lesson #1**

To Adventure

A Biblical Journey of Self Discovery: Hebrew Scriptures, Vol 1

Passport To Adventure

**Age Group: Children, 1st to 3rd Grade
Ages 6 to 8**

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Welcome

**“There is meaning in every journey that is unknown to the traveler.”
Dietrich Bonhoeffer**

Introduction

- This curriculum is based on the Hebrew Scriptures, beginning with *The Creation Story* and ending with *Moses Parts the Red Sea*.
- It is divided into 12 units of study.
- There are 4 lessons within each of the 12 units, one for each of the groups listed below:
 - ✧ Preschool/Kindergarten, 3 to 5 years
 - ✧ Elementary, 1st to 3rd grade
 - ✧ Tweens, 4th & 5th grade & Uniteens, 6th to 8th grade
 - ✧ Y.O.U., 9th to 12th grade
- The lessons are designed to stand alone or to be offered in a series.
- All lessons are offered as a download only.
- The lessons are available for individual purchase so you can buy only those age groups you are currently serving in your ministry.

Program Overview

Focus of this material:

This material invites our children and teens to step out in faith and to consciously undertake a Spiritual journey. As with an journey, we first have to get, “The Big Divine Idea.” But we cannot stop there. We must know and understand the steps needed to bring an idea into manifestation. We must be willing to leave home or what we are familiar with in order to bring about Spiritual growth. Along the way we meet some interesting characters that invite us to look within and heal what needs to be healed. As with any new undertaking, our faith is sure to be tested. But, if we are willing to move forward with faith, strength and courage, our efforts will be rewarded with renewed Spiritual understanding. And, we just may discover something magnificent about ourselves!

Each week’s lesson include:

- Lesson Objectives
 - ✧ Issue to Explore
 - ✧ Spiritual Principles to Explore
 - ✧ What Students Will Gain From the Lesson
- Complete Supply Lists
- Sacred Circle Connecting Activities
- Story
 - ✧ Bible Story or Storybook That Reflects the Bible Story
 - ✧ Story Focus & Interpretation
 - ✧ Discussion Questions
- 2 Age Appropriate Creative Activities
- Parent Letter: The parent letter is the same for each lesson in the unit.

Lesson

1

Elementary

My Big Divine Idea

The intention of this lesson is to explore what we need to do in order to bring our big idea into being.

Lesson Objectives

Issue to Explore

Having a great idea of something you want to create is just the first step.

Spiritual Principles to Explore

- The Creation Story is much more than just the creation of the earth. It shares with us the steps each of us takes when we create anything in our lives.
- We use this process daily and we can make better use of it by understanding what the steps are.
- Unity Principle #3 - I create my experiences by what I choose to think and what I feel and believe.

The children will:

- Explore the Creation story.
- Explore how to create a plan for a new idea.
- Understand the actions that are needed in order to bring the plan into being.

What You Will Need...

Book

- At Break of Day*, by Nikki Grimes

Supplies

- 7 Posters, on pages 11-17
- Variety of Beads, 6/Student
- Special Bead or Charm, 1/Student
- Small Seed or Spacer Beads
- Beading String
- Scissors

Sacred Circle

Lesson

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Elementary

Ages
6 to 8

Transition

Use a song and/or musical instruments to transition the children from the opening activities into the circle time

Sacred Circle Set-Up

Invite the students to set up the sacred circle items. Items to possibly include:

- Cloth
- Electric Candle
- Love Offering Box
- Copies of the Prayers
- Sacred Items
- Stuffed Animal Mascot

Welcome

Invite one of the children to create an affirmation that affirms how they are feeling, for example: My name is _____. I am _____. The rest of the circle then affirms the first child by saying, "(Name), you are _____." Continue until all have been affirmed.

Centering Breath

Choose one of the following:

- Breathe through your heart: imagine that your breath is going in and out through your heart.
- Be a Balloon: pump up like a balloon and then release.
- Be a Drain: tighten all muscles, hold and then release.

Prayer

- Share a prayer you would like the children to learn.
- Invite them to share prayer requests and then lead them in a short prayer.

Offering & Blessing:

Provide an opportunity for the children to give a love offering. It can be money or anything they would like to see multiplied in the world. Use the blessing that is appropriate for your age group.

Unity Principle #3

I create my experiences by what I choose to think and what I feel and believe.

Celebrations

Invite the children to share something they would like to celebrate. Use noise makers or pom-poms to cheer after each celebration.

Story

Lesson

1

Elementary

Ages
6 to 8

“At Break of Day” By Nikki Grimes

This is a story about how our world came into being.

Story Focus/Interpretation

Understanding the steps to creation in order to put them to use in our lives.

Discussion Questions

- What was there in the beginning?
- How does the story say the universe began?
- What happened when the son spoke?
- What did the father name the day and the night?
- What did the son create next and what did the father name it?
- How did the son create the land?
- What happened next?
- What was created on the fourth day?
- What were the stars disguise as?
- What filled the seas?
- How did he create the winged creatures?
- What happened next?
- What was the son wishing for?
- What instruction did he give to the first people?
- How does the story end?
- Who was with the son the whole time he was creating?
- Who does the father represent in our lives?
- How did the son create? What tools did he use?
- How do you think the son felt as he was creating?
- Tell me about something that you have created.
- What was the first thing you did?
- How did the God within help you in your creation?

Activity

- Use the sheet on page 7 to continue the discussion. You can invite the children to think of something they want to create and then complete the sheet as a group.

Steps to Creation

1	First Day: The light of an idea. What would you like to create?	
2	Second Day: Imagine how it will be. What does it look, sound or feel like?	
3	Third Day: Firming up the idea. What are some steps you need to take?	
4	Fourth Day: Decide which steps to take. How will you decide what comes next?	
5	Fifth Day: More ideas. Which ones will you use?	
6	Sixth Day: Using intuition & moving into action Ok, now let's get started. This is what I am going to do.	
7	Seventh Day: REST! Know that it is done. Cease trying to create it and simply allow it to unfold.	

Activity #1

Lesson

1

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The Creation Game

Supplies

- 7 Posters, On pages 11-17

Action

- Print the 7 posters and hang them around the room.
- If you have a large group of children, divide them up into 7 groups and assign each group to one of the posters.
- If you have a small group, you can have the one group of children work with each poster or assign one child per poster.
- Invite each group to act out the action on the poster keeping in mind the following ideas:
 - ✧ **Day 1:** Dark/Light - an idea is born, what might that look like?
 - ✧ **Day 2:** Sky/Water - We are unlimited in our imagination.
 - ✧ **Day 3:** Earth/Plants - We need to be firm in our ideas, what does firm or being planted look like?
 - ✧ **Day 4:** Sun/Moon - The light of God, how does that show up?
 - ✧ **Day 5:** Sea Life/Birds - These represent ideas. How would you show that?
 - ✧ **Day 6:** Animals/Humans - How are we both love and action?
 - ✧ **Day 7:** Rest - What does rest look like?

Discussion/Sharing

- What was this experience like for you?
- What do you understand about the days of creation?
- How will you use the steps in your life

Activity #2

Lesson

1

Elementary

Ages
6 to 8

Prayer Beads

Supplies

- Variety of Beads, 6/ Student
- Special Bead or Charm, 1/Student
- Small Seed or Spacer Beads
- Beading String
- Scissors



Action

- This activity is designed to help the children remember the steps to creation.
- Invite each child to select 6 beads and 1 charm, 1 bead for each of the first 6 steps and a charm to remind them to rest.
- Have them cut a length of cord and string the beads onto it, using the spacer beads as they choose.
- Tie off the top and attach the special bead or charm to the bottom.

Prayer

- Begin by inviting them to hold their prayer bracelet in their hand and take some deep breaths.
- Share the following prayer:
 - ◇ **1st Bead:** Hold the first bead. Breathe in, as the breath enters your body, feel your mind lighting up as if a light switch has been turned on. Pause here for a moment and invite a new idea to enter your mind.
 - ◇ **2nd Bead:** Move your fingers to your second bead. What does your idea feel like, look like. Invite all possibilities.
 - ◇ **3rd Bead:** Move to the third bead. Now take your idea and wrap it in golden light. Imagine this ribbon of light moving through your body, going out through your feet and down into Mother Earth. Here it is nurtured and fed.
 - ◇ **4th Bead:** Move to the fourth bead. As you focus on your idea, many questions come to mind. How will I do this? What do I need to change? Allow the thoughts to just move through your mind, watching them as if they were on a movie screen.
 - ◇ **5th Bead:** Hold the fifth bead. Allow Spirit to direct you to the best choice for your creation.
 - ◇ **6th Bead:** Holding the sixth bead, move your attention from your head to your heart and image your breath flowing in and out through your heart.
 - ◇ **7th Bead:** Hold the charm. Take a deep breath in, hold it for 6 seconds, then release the breath for 6 seconds. Repeat this two more times. On the final exhale, breathe out the word, AHHHHHHH.



Closing

Lesson 1

Share

Any creations from today.

Share one thing they learned today.

Commit

Say what they might do differently this week as a result of what they learned today.

Affirm

Share the Unity Principle of the day.

Pray

Say the Prayer for Protection or the Prayer of Faith.

Close with prayer of gratitude for something in the day or something in their lives: "I am grateful, God, for _____."

Further Teacher Empowerment Reading and Exploration:

If this subject matter is interesting to you and you would like to explore more, check out the following links and publications:

Genesis Chapter 2.

Read this chapter and compare it with chapter 1. Notice that there is a second story of creation. Given the metaphysical definitions on the handout from this lesson, what do you think this second story means?

Mysteries of Genesis by Charles Fillmore

Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.newthoughtlibrary.com/fillmoreCharles/MysteryOfGenesis/>

Metaphysical Bible Dictionary.

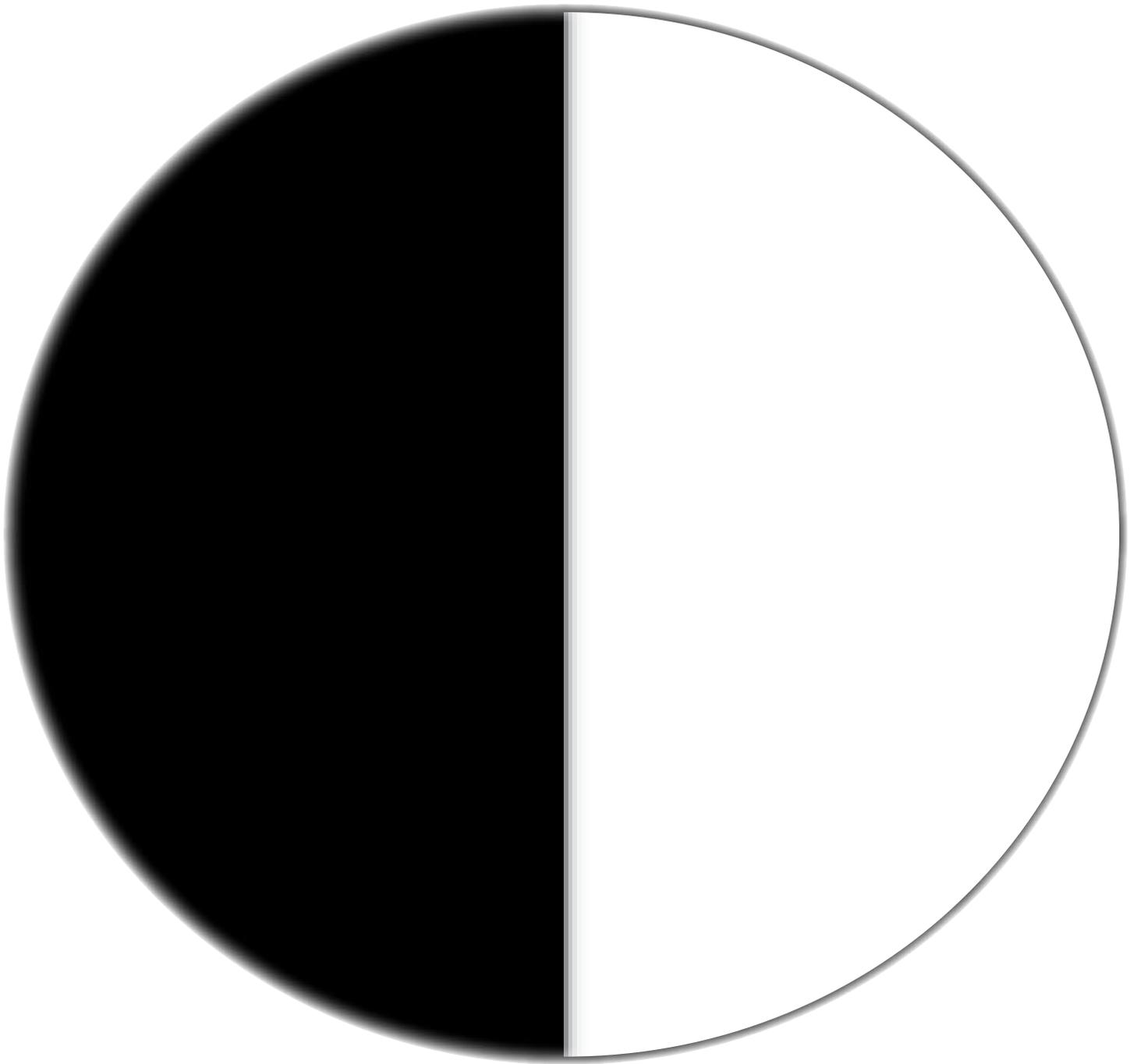
(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

access online at: <http://www.truthunity.net/texts/mbd>

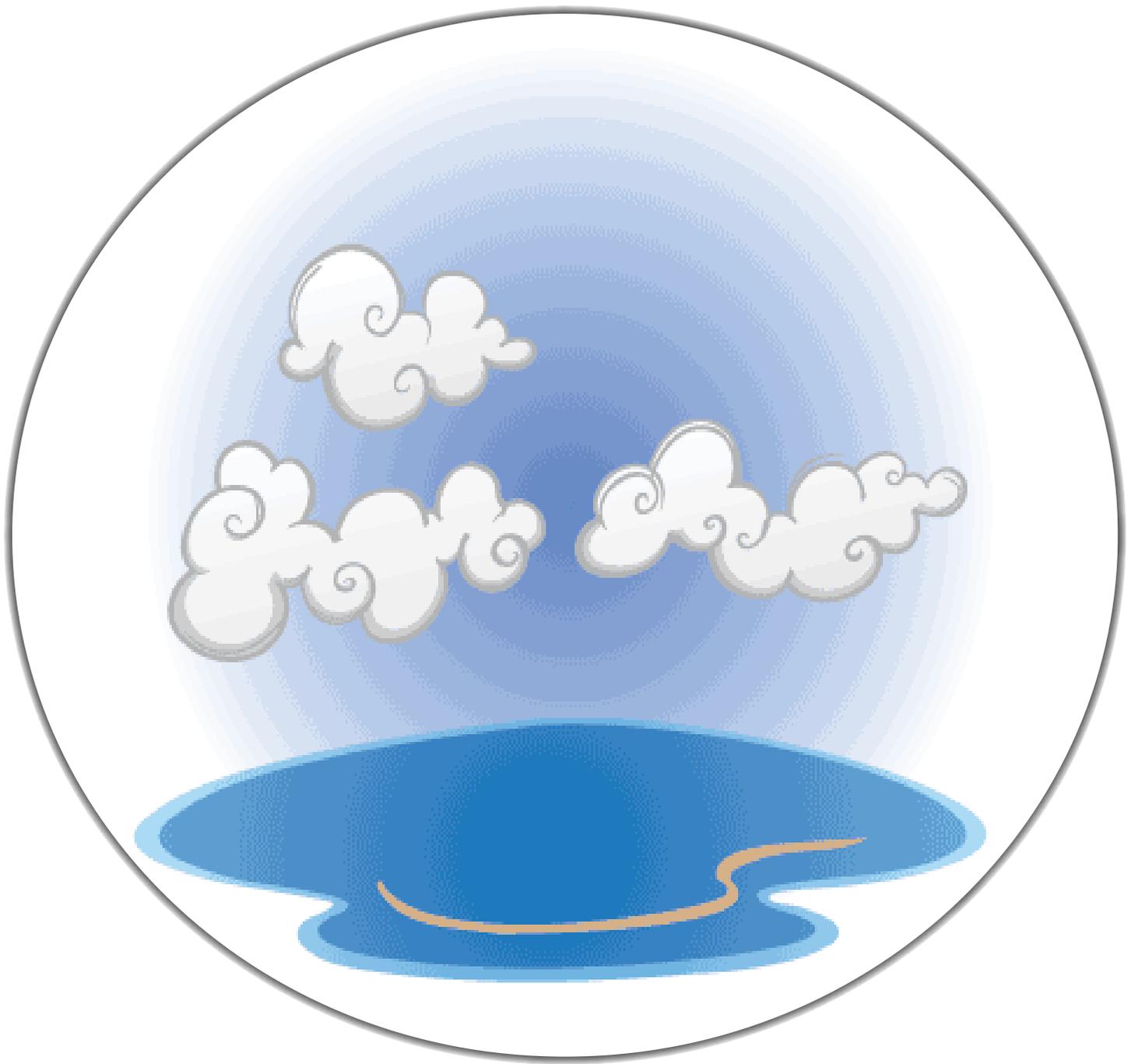
Revealing Word.

(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.truthunity.net/texts/rw>



DAY 1
NIGHT & DAY



DAY 2
SEA & SKY



DAY 3
DRY LAND



DAY 4
SUN & MOON



DAY 5
CREATURES OF THE SEA
& BIRDS OF THE AIR



DAY 6

ANIMALS & HUMANS



zzzzzz!

DAY 1
GOD RESTED



My Big Divine Idea

The intention of this lesson is to explore what we need to do in order to bring our big idea into being.

Lesson Objectives

Issue to Explore

Having a great idea of something you want to create is just the first step.

Spiritual Principles to Explore

- The Creation Story is much more than just the creation of the earth. It shares with us the steps each of us can take in order to create anything in our lives.
- We use this process in everything we create.
- Unity Principle #3 - I create my experiences by what I choose to think and what I feel and believe.

“The Creation Story” Genesis 1:1-31 & Genesis 2:1-3

In Unity, we study the bible in three ways, exploring the historical aspect, the moral or allegorical story and the metaphysical or deeper meaning. The Bible tells a story of humankind’s evolutionary journey toward spiritual awakening and the book of Genesis conveys much more than the creation of the earth. It tells the story of the unfolding consciousness of humankind and explains the creative principle at work in the universe and in our lives.

Continue the exploration at home:

For Preschoolers:

- Ask them to tell you about their favorite thing that God created.
- Invite them to show you the motion they created that goes with the Creation story.

For Elementary Students:

Ask them:

- Tell me about something that you have created.
- What was the first thing you did?
- How did the God within help you in your creation?
- Invite them to share their prayer bracelet with you.

For Teens:

Ask them:

- How is the interpretation of the days of creation similar to the way our thoughts work to create our reality?
- How do you feel when a new idea or desire to change something enters your mind? What happens after that?
- How have you experienced this creative process in your life?
- How could recognizing these stages of the creative process help you in creating the experience(s) you wish to have?

Do with them:

- Invite the Tweens/Uniteens to share their Creation chart with you. Brainstorm together ways to bring their idea into being.
- Talk to them about something that you recently created and how you used the seven steps described here.
- Talk together about the information on the chart below.

For Older Students & Adults...

Biblical Reference Genesis 1-2			The Creative Process		
Day	Verses	Element	Mind (Power)	Idea	Expression
1	1:1-5	Element	Intelligence	Illumination	Awareness
2	6-8	Firmament/ Foundation	Faith	Affirmation	Decree / Make Firm
3	9-13	Dry Land & Plants	Imagination	Concentration / Image	Focus / Visualization
4	14-19	Lights by Day & Lights by Night	Understanding & Will	Comprehension & Choice	Knowledge & Direct Action
5	20-23	Birds of the Sky & Creatures of the Water	Judgment	Spiritual vs. Animalistic Thinking or Christ Consciousness vs. Sense/Ego Consciousness	Discernment
6	24-31	Land Animals & Humankind	Wisdom & Love	Thinking & Feeling Nature / Spiritual Identity	Dominion/Power Over Thought Conscious Intention & Expression
7	2:1-3	Rest	Power	Peace & Silence	Sabbath / Rest / Letting Go

Chart created by Rev. Eileen Patra