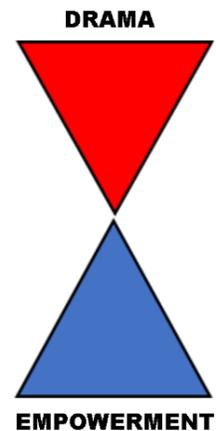


TRIANGULATION: Moving from Drama to Empowerment 2021 Conference Lunch & Learn Workshop

with Reverend Greg Coles

How many times have you heard the phrase or spoken the words, “stop triangulating!” How did it turn out? According to psychotherapist Dr. Murray Bowen, relationship triangles are foundational to building healthy systems, families and organizations. Whenever there is discomfort or heightened anxiety experienced within a primary two-person relationship we will naturally seek a third party to help us restore balance. What ministry doesn’t have its share of discomfort and anxiety as we seek to maintain “church” during a global pandemic? Our goal as leaders is not to stop triangulation from happening – impossible - but to teach and model how to transform our relationships from Drama Triangles to Empowerment Triangles.



In this workshop you will be provided tools to help your ministries shift from Drama Triangles that polarize and perpetuate conflict, to Empowerment Triangles that nurture, transform and heal. Participants will receive all teaching materials from this workshop so that you may re-create this workshop experience for other groups and ministries.

1 CEU Credit is available for this workshop.

\$30 LUT Luncheon Registration is required. Register on WHOVA.

About the Facilitator



Rev. Greg Coles is a member of the Unity Worldwide Ministries (UWM) Consulting Team and serves ministers, ministries and members as the Regional Representative for our UWM Great Lakes Region. Greg has been providing leadership for family, pastoral and program size ministries since 1991. He was ordained in 2010 and retired from pulpit ministry in 2019. His mission is to model and support other leaders to thrive. As a facilitator Greg offers an open heart, years of experience, and tools he has integrated from training in UWM Peacemaking, Healthy Congregations, The Work of Byron Katie and Lombard Mennonite Peace Mediation Skills.