



Unpacking Racism

Tools to Support Leaders and Ministries

Consolidated by Rev. Greg Coles

UWM Great Lakes Regional Ministry Consultant

“White people need a space for themselves to study and learn about unconscious bias and implicit bias.” – UWM’s *Embracing Our Humanity*

“Color blindness is ignorance. Seeing color is Color Bravery.” – Kevin Ross

“We each have racist conditioning. Being anti-racist means having the courage, honesty, caring and dedication to uproot that conditioning—in ourselves and our world.” – Tara Brach

UWM VIDEOS TO SHARE ON YOUR WEBSITE & FACEBOOK PAGE:

Open Letter to Black America from Unity Ministers (1:38)

https://www.youtube.com/watch?v=cYX_0zyxxfY&feature=youtu.be&fbclid=IwAR0PM6yYrljAR-XVrSyFVpgdXatIQSXWo7df3Y3E2QoSX3kK23HeRy_A3b0&app=desktop

A Stand for Humanity (3:16)

https://www.youtube.com/watch?v=368_24AWTil

Embracing Our Common Humanity: Supporting Healing and Justice (1:21:10)

https://www.youtube.com/watch?v=56Q9b7K9Ezc&feature=youtu.be&fbclid=IwAR23xuozVDm-UxsdDFOF3g9caVuwqjNt0_e3MY6XZMJ4TTuGR0LtbZl9XiU4

UWM PAGES & RESOURCES TO SHARE

The Anti-Racism Institute, co-founded by Wendy Craig Purcell, Unity of San Diego

<https://www.theantiracismstitute.org/>

UWM Resolution on Diversity, Equity and Inclusion

<https://www.unityworldwideministries.org/sites/unityworldwideministries.org/files/UWMCoporateResolutionOnDEI2021.pdf>

Unity Social Action Position

<https://www.unityworldwideministries.org/sites/unityworldwideministries.org/files/UnityStatement%20of%20Social%20Action%20Position.pdf>

BOOKS for self-learning, conversation and discussion groups:

“Uncomfortable Conversations with a Black Man” by Emmanuel Acho

“White Fragility” by Robin DiAngelo

“Nice Racism” by Robin DiAngelo

“How to be an Anti-Racist” by Ibram X Kendri

“Stamped from the Beginning” by Ibram X Kendri

“Seeing White” by Jean Halley, Amy Eshleman & Ramya Mahadevan Vijaya

“Waking up White” by Debby Irving

“Post Traumatic Slave Syndrome” by Joy DeGruy

“The Inner Work of Racial Justice” by Rhonda V Magee

“Creating a World that Works for All” by Shariff Abdullah

“Biased” by Jennifer L Eberhardt

“Courageous Conversations About Race” by Glenn E Singleton

“Dear White Christians” by Jennifer Harvey

“Radical Compassion” by Tara Brach

“Black and White: Styles in Conflict” by Thomas Kochman

“Multiplication is for White People” by Lisa Delpit (racism in K-12 education)

“The Beauty in Breaking” by Michelle Harper

“Be the Bridge: Pursuing God’s Heart for Racial Reconciliation” by LaTasha Morrison

“We were Eight Years in Power” by Ta-Nehisi Coates (includes “A Case for Reparations”)

ARTICLES to read, share and discuss:

“What I Said When My White Friend Asked for My Black Opinion on White Privilege” by Lori Lakin

<https://onbeing.org/blog/what-i-said-when-my-white-friend-asked-for-my-black-opinion-on-white-privilege/>

“Confronting Racism is not about the Needs and Feeling of White People” by Ijeoma Oluo

<https://www.theguardian.com/commentisfree/2019/mar/28/confronting-racism-is-not-about-the-needs-and-feelings-of-white-people>

“I Am Racist, And So Are You” by Rachael Shadoan

<https://humanparts.medium.com/i-am-racist-and-so-are-you-5f70346d4463>

“Embracing Grief” by Sobonfu Some

<http://www.sobonfu.com/articles/writings-by-sobonfu-2/embracing-grief/>

“How to Be a Privilege Traitor” by Karla McLaren

<https://karlamclaren.com/how-to-be-a-privilege-traitor/>

“A Letter to Roy. He’s the black guy in my pictures.” By Scot Lloyd

<https://scotlloyd.blog/2020/06/11/a-letter-to-roy-hes-the-black-guy-in-my-pictures/>

VIDEOS for self-learning, conversation and discussion groups:

“White Like Me” w Tim Wise (1:04:59)

https://www.youtube.com/watch?v=uv_Y9ah049Y

“Seeing White” w John Biewen, TEDxCharlottesville (18:32)

<https://www.youtube.com/watch?v=Qy-r-3W2Fkg>

“The George Floyd Crisis: Changing the Narrative” w Shariff Abdullah (37:36)

<https://www.youtube.com/watch?v=T5facpTVDFI&feature=youtu.be>

“Uncomfortable Conversations with a Black Man” (9:27)

<https://www.youtube.com/watch?v=h8jUA7JBkF4>

“Sustaining Our Caring” with Tara Brach (41:25)

<https://www.youtube.com/watch?v=8VoW8gYcAk4>

Trevor Noah's The Daily Show (18:12)

https://www.youtube.com/watch?v=v4amCfVbA_c

Amy Cooper youtube video: <https://www.youtube.com/watch?v=laIQ3ABWIZA>

PODCAST: On Being discussion with Robin DiAngelo and Resmaa Menakem

<https://onbeing.org/programs/robin-diangelo-and-resmaa-menakem-in-conversation/>

MOVIES to educate, awaken and discuss

“13TH” – Documentary about systemic racism and mass incarceration in America

Movie Trailer: <https://www.youtube.com/watch?v=K6IXQbXPO3I>

“Just Mercy” – A movie highlighting the effects of racism in our justice system

Movie Trailer: <https://www.youtube.com/watch?v=q7MxXxFu6fI>

“I Am Not Your Negro” – based on the book by James Baldwin

Movie Trailer: <https://www.youtube.com/watch?v=rNUYdglYaPM>

TELEVISION SERIES or MINI-SERIES to learn about the black experience

“Queen Sugar” produced by Oprah Winfrey on HULU

“Little Fires Everywhere” starring Reese Witherspoon and Kerry Washington

SUGGESTED WEBSITES

“Talking about Race” Web portal from National Museum of African American History & Culture

<https://nmaahc.si.edu/about/news/national-museum-african-american-history-and-culture-releases-talking-about-race-web>

janeelliott.com

robindiangelo.com

tarabrach.com

SMALL GROUP STUDY & SUNDAY SERIES

“Creating a World that Works for All” based on the book by Shariff Abdullah.

Greg Coles has created a 6 week Fall Faith Sunday series and Study Guide around this material, available to share for free – just ask.

“Uncomfortable Conversations Study Group” a six week study based on the book by Emmanuel Acho, with syllabus created by Greg Coles

“Shadow to Light” is a 10 week program from Shariff Abdullah of Conway Institute. Through weekly themes of our Shadows and Light – with video lessons, guided meditations, deep inquiry, and group discussion – *S2L* offers a path to understand and resolve negative energy around some of the most pressing social issues of our time.

For information visit <http://shariff.commonway.org/> or email shariff@commonway.org

VIDEO: Shadow to Light: What is the Shadow? (3:43)

<https://www.youtube.com/watch?v=FaaqKLvfcM&feature=share>



A Prayer for the Wounded Heart of Humanity

We call upon God’s Love in this important moment, knowing that Divine Love is the greatest power in the Universe. We pray for the wounded heart of humanity as we grieve, rage, cry, and despair over injustice and inequity. May Divine Love enfold and comfort everyone who is hurting. May Divine Wisdom guide each person and institution in taking inspired action to ensure that all are celebrated for their inherent goodness as a part of God’s creation. May we remain resolute in walking the course of human rights and social justice for all. We pray in the spirit of unity, love, and oneness. Amen.

- Rev Patricia Bass, *Interim CEO, Unity Worldwide Ministries*

-

Rev Greg Coles serves as the UWM Great Lakes Regional Ministry Consultant.
He can be reached at 989-475-5044 or GLRministryconsultant@gmail.com