



Passport

Tweens/Uniteens
Lesson #2

To Adventure

A Biblical Journey of Self Discovery: Hebrew Scriptures, Vol 1

Passport To Adventure

**Age Groups: Tweens, 4th & 5th Grade
Uniteens, 6th to 8th Grade**

Editor & Layout: Reverend Diane Venzera

Main Writer:

Rev. Diane Venzera, CSE, LUT

Contributing Writer:

Rev. Eileen Patra, CSE, LUT

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Welcome

**“There is meaning in every journey that is unknown to the traveler.”
Dietrich Bonhoeffer**

Introduction

- This curriculum is based on the Hebrew Scriptures, beginning with *The Creation Story* and ending with *Moses Parts the Red Sea*.
- It is divided into 12 units of study.
- There are 4 lessons within each of the 12 units, one for each of the groups listed below:
 - ✧ Preschool/Kindergarten, 3 to 5 years
 - ✧ Elementary, 1st to 3rd grade
 - ✧ Tweens, 4th & 5th grade & Uniteens, 6th to 8th grade
 - ✧ Y.O.U., 9th to 12th grade
- The lessons are designed to stand alone or to be offered in a series.
- All lessons are offered as a download only.
- The lessons are available for individual purchase so you can buy only those age groups you are currently serving in your ministry.

Program Overview

Focus of this material:

This material invites our children and teens to step out in faith and to consciously undertake a Spiritual journey. As with an journey, we first have to get, “The Big Divine Idea.” But we cannot stop there. We must know and understand the steps needed to bring an idea into manifestation. We must be willing to leave home or what we are familiar with in order to bring about Spiritual growth. Along the way we meet some interesting characters that invite us to look within and heal what needs to be healed. As with any new undertaking, our faith is sure to be tested. But, if we are willing to move forward with faith, strength and courage, our efforts will be rewarded with renewed Spiritual understanding. And, we just may discover something magnificent about ourselves!

Each week’s lesson include:

- Lesson Objectives
 - ✧ Issue to Explore
 - ✧ Spiritual Principles to Explore
 - ✧ What Students Will Gain From the Lesson
- Complete Supply Lists
- Sacred Circle Connecting Activities
- Story
 - ✧ Bible Story or Storybook That Reflects the Bible Story
 - ✧ Story Focus & Interpretation
 - ✧ Discussion Questions
- 2 Age Appropriate Creative Activities
- Parent Letter: The parent letter is the same for each lesson in the unit.

The Adventure Begins

Lesson

2

Tweens/Uniteens

The intention of this lesson is to understand that Spirit is always guiding our choices.

Lesson Objectives

Issue to Explore

When faced with choices sometimes we are unsure of which one to choose.

Spiritual Principles to Explore

- No matter what choice we make, we are still one with God.
- Every choice we make is designed to lead us to a greater understanding of this oneness.
- The Unity Principle #2 - I am naturally good because God's Divinity is in me and in everyone.

The teens will:

- Explore the Garden of Eden story.
- Look at how their choices produce consequences.
- Investigate the idea that even though a choice might look like the wrong one, it always has the potential to bring us good.
- Understand that we always have the power to make another choice.

What You Will Need...

Book

- Bible

Supplies

- 4 Sheets of paper
- Markers

Sacred Circle

Lesson

2

Tweens/
Uniteens

Ages
9 to 13

Sacred Circle Set-Up

- Invite the students to set up the sacred circle items. Items to possibly include:
 - ✧ Cloth
 - ✧ Electric Candle
 - ✧ Love Offering Box
 - ✧ Copies of the Prayers
 - ✧ Sacred Items
 - ✧ Stuffed Animal Mascot

Welcome:

- Take turns tossing a ball to one another.
- As each person receives the ball, ask them to share:
 - ✧ Their name
 - ✧ Their favorite creative thing to do.

Centering Breath Choices:

- Breathe through your heart: image your breath is going in and out through your heart.
- Be a Balloon: pump up like a balloon and then release
- Be a Drain: tighten all muscles, hold and then release

Opening Prayer and/or Meditation

We are one with Divine Mind. We are one with the One. We are one heart, one mind, one soul. Every choice I make for myself affects the whole. I am conscious of this oneness and I hold it in my heart. I breath deeply and feel the connection that crosses all boundaries, all cultures and beliefs. I fill myself from within, from this never-ending source of love and connection. I am whole, I am at peace, I am love. As I focus my thoughts on this Truth, I feel it in every cell in my body. We are one with Divine Mind. We are one with the One. We are one heart, one mind, one soul. And so it is. Amen

Offering & Blessing:

Divine Love through me blesses and multiplies all that I have, all that I give and all that I receive. These gifts are blessed in the name and through the power of the living, loving, indwelling Christ. They grow and expand to support our program and return to us at the right and perfect time and the right and perfect way. Amen

Unity Principle #2

I am naturally good because God's Divinity is in me and in everyone.

Celebrations

Invite the students to share something they would like to celebrate. Use noise makers or pom-poms to cheer after each celebration.

Story

Lesson

2

**Tweens/
Uniteens**

Ages
9 to 13

“The Garden of Eden” Genesis 3:1-24

This is a story Adam and Eve and the Garden of Eden.

Story Focus/Interpretation

The story of Adam and Eve being cast out of the garden is a story about our need, as evolving humans, to step out from the protected place and discover what life means to us. It is about knowing that we have the power within us to create a thriving life and to know that no matter where we go or what we choose, Spirit is always with us providing what we need.

Spirit provides all we need and sometimes we are not able to fully grasp this Truth so we need to create experiences that help us to know our oneness with God.

Discussion Questions

- What had God made?
- What did God tell Adam & Eve?
- One what the one thing they could not do?
- What caused Eve to question God’s rule?
- What was he tempting her to do?
- What choice did Adam & Eve make?
- What happened next?
- What message did God give to them as he made them leave?
- In the beginning of the story, how do you think Adam & Eve felt about living in the Garden?
- What might have been some of the reasons that they choose to eat the fruit?
- How do you think they felt when they got caught?
- Where do you see this issue happening in the world around you?
- Where is it happening in your life?
- Sometimes we feel the need to do something even though we were told not to do it. What might cause us to do this? What thoughts come up?
- What tools do we have that will help us to decide what choice to make?
- If we do choose to do something we were told not to do, what does this statement mean to you: “Our choices don’t make us bad, they just give us an alternative experience.”

Activity #1

Lesson

2

Tweens/
Uniteens

Ages
9 to 13

R.E.L.Y. On God

Supplies

- 4 Sheets of paper
- Markers

Preparation

- Write one of each of the following words on a sheet of paper. Make the first letter a very large, bold capital letter so it stands out.
 - ✧ Realize
 - ✧ Establish
 - ✧ Let go
 - ✧ say Yes

Action

- Tell the group that as we move out into new experiences, whether we are moving to a new school, getting a new job or going to college, it is important that we remember that Spirit is our source.
- Divide the group into four groups and assign one word to each group.
- Invite each group to create a definition and/or a Unity tool that will help people utilize this step as they move into a new experience. Questions to consider in their deliberation:
 - ✧ What does the word mean metaphysically?
 - ✧ What action are required?
 - ✧ What is a Unity tool that can be used here?
 - ✧ How would they define the step and put it into action.
- Once all groups are finished have them share with the large group and talk about the 4 steps that were created that will remind them to rely on God as they live their lives.

Discussion

- How willing are you to put the steps into use?
- How can they benefit you?
- How will they make a difference in your life?

Activity #2

Lesson

2

Tweens/
Uniteens

Ages
9 to 13

What Do I Choose?

Supplies

- Box of unfashionable, weird clothes

Action

- Place the pile of clothes in the center of the room and invite the children to stand around it.
- Tell the children to run to the circle and grab an article of clothing from the pile.
- Give each child the opportunity to share what they chose.
- Once this is finished, tell the children to put on whatever they have chosen and they are to wear it for the rest of the time they are at church today.
- The goal is to help the children understand that there is a consequence for every choice.

Discussion

- What made you select the article you chose?
- How would your choice have been different if you need you would have to wear the clothes?
- How does this activity relate to the choices we make in life?



Closing

Lesson 2

Commit

Say what they might do differently this week as a result of what they learned today.

Affirm

Share the Unity Principle of the day.

Closing Prayer

Invite someone to lead a closing prayer or read this one:

Indwelling Christ Presence, we are grateful for this time spent together in community. Being together is a sacred honor that we hold in our hearts. We know that we are one mind, one community, one people. Together we create an endless wisdom born from the Christ within. As we each contribute our part, we bless the world with peace and harmony. We are grateful for this opportunity. And so it is. Amen.

Further Reading and Exploration:

If this subject matter is interesting to you and you would like to explore more, check out the following links and publications:

Mysteries of Genesis by Charles Fillmore

Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.newthoughtlibrary.com/fillmoreCharles/MysteryOfGenesis/>

Metaphysical Bible Dictionary.

(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.truthunity.net/texts/mbd>

Revealing Word.

(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.truthunity.net/texts/rw>



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Continue the exploration at home:

For Preschoolers:

- Ask them to share what kind of animal they cared for today.
- Invite them to talk about how they are big enough to be kind to someone else.
- Ask them how they would like to show their kindness and caring this week.

For Elementary Students:

- Ask them to tell you the result of a choice they made today.
- Have a conversation about the need to pause and think before we make choices.
- Invite them to tell you one new thing they learned today.

For Teens:

Ask them:

- What did this story mean to you?
- Which character did you most identify with?
- What does R.E.L.Y. stand for?

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