



*Passport*

**Preschool  
Lesson #2**

*To Adventure*

*A Biblical Journey of Self Discovery: Hebrew Scriptures, Vol 1*

# *Passport To Adventure*

**Age Group: Preschool, 3 to 5 years old**

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# Welcome

**“There is meaning in every journey that is unknown to the traveler.”  
Dietrich Bonhoeffer**

## Introduction

- This curriculum is based on the Hebrew Scriptures, beginning with *The Creation Story* and ending with *Moses Parts the Red Sea*.
- It is divided into 12 units of study.
- There are 4 lessons within each of the 12 units, one for each of the groups listed below:
  - ✧ Preschool/Kindergarten, 3 to 5 years
  - ✧ Elementary, 1st to 3rd grade
  - ✧ Tweens, 4th & 5th grade & Uniteens, 6th to 8th grade
  - ✧ Y.O.U., 9th to 12th grade
- The lessons are designed to stand alone or to be offered in a series.
- All lessons are offered as a download only.
- The lessons are available for individual purchase so you can buy only those age groups you are currently serving in your ministry.

## Program Overview

### Focus of this material:

This material invites our children and teens to step out in faith and to consciously undertake a Spiritual journey. As with an journey, we first have to get, “The Big Divine Idea.” But we cannot stop there. We must know and understand the steps needed to bring an idea into manifestation. We must be willing to leave home or what we are familiar with in order to bring about Spiritual growth. Along the way we meet some interesting characters that invite us to look within and heal what needs to be healed. As with any new undertaking, our faith is sure to be tested. But, if we are willing to move forward with faith, strength and courage, our efforts will be rewarded with renewed Spiritual understanding. And, we just may discover something magnificent about ourselves!

### Each week’s lesson include:

- Lesson Objectives
  - ✧ Issue to Explore
  - ✧ Spiritual Principles to Explore
  - ✧ What Students Will Gain From the Lesson
- Complete Supply Lists
- Sacred Circle Connecting Activities
- Story
  - ✧ Bible Story or Storybook That Reflects the Bible Story
  - ✧ Story Focus & Interpretation
  - ✧ Discussion Questions
- 2 Age Appropriate Creative Activities
- Parent Letter: The parent letter is the same for each lesson in the unit.

# The Adventure Begins

## Lesson 2 Preschool

The intention of this lesson is to understand that Spirit is always guiding our choices.

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### Lesson Objectives

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#### Issue to Explore

When faced with choices sometimes we are unsure of which one to choose.

#### Spiritual Principles to Explore

- No matter what choice we make, we are still one with God.
- Every choice we make is designed to lead us to a greater understanding of this oneness.
- The Unity Principle #2 - I am naturally good because God's Divinity is in me and in everyone.

#### The children will:

- Explore the Garden of Eden story.
- Explore how we are loved no matter what choice we make.
- Understand that we always have the power to make another choice.

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### What You Will Need...

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#### Book

- Mr. Grumpy*, by Roger Hangreaves

#### Supplies

- Pictures from magazines of people caring for other people or animals, 2 or 3 per person
- Construction paper
- Glue Sticks
- Stuffed Animals, 1 per child
- Small blankets
- Baskets
- Comb/brushes
- Food/water bowls

# Sacred Circle

Lesson

2

Preschool

Ages  
3 to 5

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## Transition

Invite the children to pretend to be their favorite animal and either hop, crawl, jump to the circle.

## Circle Set Up

Invite the children to help set up the circle and turn on the candle.

Items to possibly include:

- Cloth
- Electric Candle
- Love Offering Box
- Safe Keeping Box
- Small Hearts

## Greetings

Make eye contact with each child, sharing with them how glad you are that they are here today. Invite them to put their hand on their heart and feel the love that is there.

## Safe Keeping

Invite each child to select a heart and hold it in their hand. Let them know that you are here to keep them safe. Invite them to place their heart in the Safe Keeping box where you will watch over it all throughout the class today.

## Centering Breath

Choose one of the following:

- Breathe through your heart: imagine that your breath is going in and out through your heart.
- Be a Balloon: pump up like a balloon and then release.
- Be a Drain: tighten all muscles, hold and then release.

## Offering & Blessing:

Provide an opportunity for the children to give a love offering. It can be money or anything they would like to see multiplied in the world. Use a short age-appropriate blessing.

## Celebrations

Invite the children to share something they would like to celebrate. Use noise makers or pom-poms to cheer after each celebration.

# Story

Lesson

2

Preschool

Ages  
3 to 5

## **“A Snake in the Garden” The Rhyme Bible, Pgs 22-35**

This is a story Adam and Eve and the Garden of Eden.

### **Story Focus/Interpretation**

*The story of Adam and Eve being cast out of the garden is a story about our need, as evolving humans, to step out from the protected place and discover what life means to us. It is about knowing that we have the power within us to create a thriving life and to know that no matter where we go or what we choose, Spirit is always with us providing what we need.*

God is always with us and we are good no matter what choice we make.

### **Discussion Questions**

- Where did Adam and Eve live?
- Who was in the garden with them?
- What did they decide to do?
- What happened next?
- Who tells you what you are allowed to do?
- What happens when you don't listen?
- What happens when you do listen?
- How does God keep you safe?
- How do your parents care for you?

# Activity #1

Lesson

2

Preschool

Ages  
3 to 5

## God Cares for All of Us

### **Supplies**

- Pictures from magazines of people caring for other people or animals, 2 or 3 per person
- Construction paper
- Glue Sticks

### **Action**

- Lay the magazine pictures out on the table.
- Invite the children to select up to 3 pictures that they like.
- Invite them to make a collage with the pictures and add any additional drawings that they want to create.
- Once they are all complete, invite them to share their collages with one another and share how, God not only cares for us but we can also care for other people.

# Activity #2

Lesson

2

Preschool

Ages  
3 to 5

## I Can Care for Others

### Supplies

- Stuffed Animals, 1 per child
- Small blankets
- Baskets
- Comb/brushes
- Food/water bowls

### **Activity**

- Invite the children to sit in a circle.
- Place the stuffed animals in the center of the circle.
- Invite the children to each select one animal so play with.
- Once they have made their selection, invite them to return to their seats.
- Show them the other items in the supply list.
- Encourage them to select at least one of the items and use it to care for their animal.
- Tell them that they may need to make the choice to share the items so they can all have what they need.

### **Discussion**

- After they have cared for their animals, invite them to share the good that they did.
- Encourage them to find other ways to care for people or animals.
- Help them understand that just like God cares for us, we can care for others.



# Closing

## Lesson 2

### **Share**

Any creations from today.

Share one thing they learned today.

### **Commit**

Say what they might do differently this week as a result of what they learned today.

### **Affirm**

Share the Unity Principle of the day.

### **Pray**

Say the Prayer for Protection or the Prayer of Faith.

Close with prayer of gratitude for something in the day or something in their lives: "I am grateful, God, for \_\_\_\_\_."

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### **Further Reading and Exploration:**

If this subject matter is interesting to you and you would like to explore more, check out the following links and publications:

#### **Mysteries of Genesis by Charles Fillmore**

Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.newthoughtlibrary.com/fillmoreCharles/MysteryOfGenesis/>

#### **Metaphysical Bible Dictionary.**

(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.truthunity.net/texts/mbd>

#### **Revealing Word.**

(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.truthunity.net/texts/rw>



# **The Adventure Begins**

**The intention of this lesson is to understand that Spirit is always guiding our choices.**

## **Lesson Objectives**

### **Issue to Explore**

When faced with choices sometimes we are unsure of which one to choose.

### **Spiritual Principles to Explore**

- No matter what choice we make, we are still one with God.
- Every choice we make is designed to lead us to a greater understanding of this oneness.
- The Unity Principle #2 - I am naturally good because God's Divinity is in me and in everyone.

### **“The Garden of Eden” Genesis 3:1-24**

This is a story Adam and Eve and the Garden of Eden.

### **Story Focus/Interpretation**

*The story of Adam and Eve being cast out of the garden is a story about our need, as evolving humans, to step out from the protected place and discover what life means to us. It is about knowing that we have the power within us to create a thriving life and to know that no matter where we go or what we choose, Spirit is always with us providing what we need.*

Spirit provides all we need and sometimes we are not able to fully grasp this Truth so we need to create experiences that help us to know our oneness with God.

### **Continue the exploration at home:**

*For Preschoolers:*

- Ask them to share what kind of animal they cared for today.
- Invite them to talk about how they are big enough to be kind to someone else.
- Ask them how they would like to show their kindness and caring this week.

*For Elementary Students:*

- Ask them to tell you the result of a choice they made today.
- Have a conversation about the need to pause and think before we make choices.
- Invite them to tell you one new thing they learned today.

*For Teens:*

Ask them:

- What did this story mean to you?
- Which character did you most identify with?
- What does R.E.L.Y. stand for?

## **For Further Reading & Exploration**

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