



GREAT LAKES REGION

Passport



**PRESCHOOL
LESSON #1**

To Adventure

A Biblical Journey of Self Discovery, Hebrew Scriptures

Passport To Adventure

Age Group: Preschool, 3 to 5 years old

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Welcome

**“There is meaning in every journey that is unknown to the traveler.”
Dietrich Bonhoeffer**

Introduction

- This curriculum is based on the Hebrew Scriptures, beginning with *The Creation Story* and ending with *Moses Parts the Red Sea*.
- It is divided into 12 units of study.
- There are 4 lessons within each of the 12 units, one for each of the groups listed below:
 - ✧ Preschool/Kindergarten, 3 to 5 years
 - ✧ Elementary, 1st to 3rd grade
 - ✧ Tweens, 4th & 5th grade & Uniteens, 6th to 8th grade
 - ✧ Y.O.U., 9th to 12th grade
- The lessons are designed to stand alone or to be offered in a series.
- All lessons are offered as a download only.
- The lessons are available for individual purchase so you can buy only those age groups you are currently serving in your ministry.

Program Overview

Focus of this material:

This material invites our children and teens to step out in faith and to consciously undertake a Spiritual journey. As with an journey, we first have to get, “The Big Divine Idea.” But we cannot stop there. We must know and understand the steps needed to bring an idea into manifestation. We must be willing to leave home or what we are familiar with in order to bring about Spiritual growth. Along the way we meet some interesting characters that invite us to look within and heal what needs to be healed. As with any new undertaking, our faith is sure to be tested. But, if we are willing to move forward with faith, strength and courage, our efforts will be rewarded with renewed Spiritual understanding. And, we just may discover something magnificent about ourselves!

Each week’s lesson include:

- Lesson Objectives
 - ✧ Issue to Explore
 - ✧ Spiritual Principles to Explore
 - ✧ What Students Will Gain From the Lesson
- Complete Supply Lists
- Sacred Circle Connecting Activities
- Story
 - ✧ Bible Story or Storybook That Reflects the Bible Story
 - ✧ Story Focus & Interpretation
 - ✧ Discussion Questions
- 2 Age Appropriate Creative Activities
- Parent Letter: The parent letter is the same for each lesson in the unit.

Lesson

1

Preschool

My Big Divine Idea

The intention of this lesson is for the children to understand that God is in all things.

Lesson Objectives

Issue to Explore

God is in me and in everything.

Spiritual Principles to Explore

- The Creation Story is much more than just the creation of the earth. It shares with us the steps each of us can take in order to create anything in our lives.
- We use this process daily and we can make better use of it by understanding what the steps are.
- Unity Principle #3 - I create my experiences by what I choose to think and what I feel and believe.

Preschoolers will:

- Explore the literal story through video and motions.
- Notice that God is in everything.
- See that God is in them too.

What You Will Need...

YouTube Video

- Laptop
- Internet Connection to: http://www.youtube.com/watch?v=jB_Nbwc0LVo
- The Rhyme Bible*, pgs 6-21, A New World (Optional)

Supplies

- Bible story from above
- Large sheet of poster board
- Crayons
- Animal & other stickers to represent the world God created, *Optional*

Sacred Circle

Lesson

1

Preschool

Ages
3 to 5

Transition

Invite the children to pretend to be their favorite animal and either hop, crawl, jump to the circle.

Circle Set Up

Invite the children to help set up the circle and turn on the candle.

Items to possibly include:

- Cloth
- Electric Candle
- Love Offering Box
- Safe Keeping Box
- Small Hearts

Greetings

Make eye contact with each child, sharing with them how glad you are that they are here today. Invite them to put their hand on their heart and feel the love that is there.

Safe Keeping

Invite each child to select a heart and hold it in their hand. Let them know that you are here to keep them safe. Invite them to place their heart in the Safe Keeping box where you will watch over it all throughout the class today.

Centering Breath

Choose one of the following:

- Breathe through your heart: imagine that your breath is going in and out through your heart.
- Be a Balloon: pump up like a balloon and then release.
- Be a Drain: tighten all muscles, hold and then release.

Offering & Blessing:

Provide an opportunity for the children to give a love offering. It can be money or anything they would like to see multiplied in the world. Use a short age-appropriate blessing.

Celebrations

Invite the children to share something they would like to celebrate. Use noise makers or pom-poms to cheer after each celebration.

Story

Lesson

1

Preschool

Ages
3 to 5

“The Creation Story” http://www.youtube.com/watch?v=jB_NbwcOLVo

This is the creation story being read on YouTube. You need a laptop with an internet connection in order to show this story. Log onto the above address, click full screen and play the video.

If the above materials are not available, then use, The Rhyme Bible, pgs. 6-21, “A New World.”

Story Focus/Interpretation

Exploring the story and how God is in everything.

Discussion Questions

- What was God doing?
- What are some of the things God created?
- How did God feel about what he created?
- What was the last thing God did?
- What is your favorite thing that God created?
- Where can you find God?

Activity #1

Lesson

1

Preschool

Ages
3 to 5

Creation Story in Action

Supplies

- Bible Story

Story Activity

- You will retell the story and have the children act out the different parts of it.
- Because young children need a lot of repetition, practice each motion with the children before telling the story again.
 - ✧ **1st Day** - Make a fist and then explode your fingers out, moving them around the room as if you are making bursts of light.
 - ✧ **2nd Day** - God made a great big sky so invite the children to move around the room, spinning and jumping so they can take up the whole space.
 - ✧ **3rd Day** - Scrunch down into a ball, remain on your feet and slowly stand up and spread your arms wide like you are a little seed growing into a big tree.
 - ✧ **4th Day** - Put your arms into a big circle above your head to signify the sun. Keep your arms in a circle and slowly bring your arms down to the front of your chest, shaping your hands into a half circle to signify the moon. Then break your hands apart and wiggle your fingers like twinkling stars.
 - ✧ **5th Day** - Invite them to pretend to be a fish swimming through the ocean or a bird flying through the sky.
 - ✧ **6th Day** - Invite them to pretend to be their favorite animal and move around the room as the animal would.
 - ✧ **7th Day** - Is a day of rest. Invite the children to lay down and pretend to rest or sleep.

Share the Story

- Now read or tell the story again.
- As you read the story invite the children to do the above motions as you read each passage.
- You may have to help them remember each motion so do it along with them.

Activity #2

Lesson

1

Preschool

Ages
3 to 5

Creating Our World

Supplies

- Large sheet of poster board
- Crayons
- Animal & other stickers to represent the world God created, *Optional*

Action

- Draw a giant circle on the poster board.
- Place the crayons where all can reach them.
- Invite the children to gather around the poster board.
- Tell them that we are going to create the world God made.
- Invite them to draw all the things God created:
 - ✧ Sky
 - ✧ Water
 - ✧ Land
 - ✧ Sun & moon
 - ✧ Trees & plants
 - ✧ Fish & birds
 - ✧ Animals
 - ✧ People
- It does not matter what their creation looks like, just encourage them to do what they want.
- You may also have a selection of stickers that represent the above items that they can glue onto the earth.
- When they are finished, invite them to admire what they created.



Closing

Lesson 1

Share

Any creations from today.

Share one thing they liked today.

Commit

Say what they are looking forward to this coming week.

Pray

Say the Prayer for Protection or the Prayer of Faith.

Close with prayer of gratitude for something in the day or something in their lives: "I am grateful, God, for _____."

Further Reading and Exploration: (For Teacher Empowerment)

If this subject matter is interesting to you and you would like to explore more, check out the following links and publications:

Genesis Chapter 2.

Read this chapter and compare it with chapter 1. Notice that there is a second story of creation. Given the metaphysical definitions on the handout from this lesson, what do you think this second story means?

Mysteries of Genesis by Charles Fillmore

Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.newthoughtlibrary.com/fillmoreCharles/MysteryOfGenesis/>

Metaphysical Bible Dictionary.

(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

access online at: <http://www.truthunity.net/texts/mbd>

Revealing Word.

(Charles Fillmore Reference Library) Publisher: Unity Books (Unity School of Christianity)

Access online at: <http://www.truthunity.net/texts/rw>



My Big Divine Idea

The intention of this lesson is to explore what we need to do in order to bring our big idea into being.

Lesson Objectives

Issue to Explore

Having a great idea of something you want to create is just the first step.

Spiritual Principles to Explore

- The Creation Story is much more than just the creation of the earth. It shares with us the steps each of us can take in order to create anything in our lives.
- We use this process in everything we create.
- Unity Principle #3 - I create my experiences by what I choose to think and what I feel and believe.

“The Creation Story” Genesis 1:1-31 & Genesis 2:1-3

In Unity, we study the bible in three ways, exploring the historical aspect, the moral or allegorical story and the metaphysical or deeper meaning. The Bible tells a story of humankind’s evolutionary journey toward spiritual awakening and the book of Genesis conveys much more than the creation of the earth. It tells the story of the unfolding consciousness of humankind and explains the creative principle at work in the universe and in our lives.

Continue the exploration at home:

For Preschoolers:

- Ask them to tell you about their favorite thing that God created.
- Invite them to show you the motion they created that goes with the Creation story.

For Elementary Students:

Ask them:

- Tell me about something that you have created.
- What was the first thing you did?
- How did the God within help you in your creation?
- Invite them to share their prayer bracelet with you.

For Teens:

Ask them:

- How is the interpretation of the days of creation similar to the way our thoughts work to create our reality?
- How do you feel when a new idea or desire to change something enters your mind? What happens after that?
- How have you experienced this creative process in your life?
- How could recognizing these stages of the creative process help you in creating the experience(s) you wish to have?

Do with them:

- Invite the Tweens/Uniteens to share their Creation chart with you. Brainstorm together ways to bring their idea into being.
- Talk to them about something that you recently created and how you used the seven steps described here.
- Talk together about the information on the chart below.

For Older Students & Adults...

Biblical Reference Genesis 1-2			The Creative Process		
Day	Verses	Element	Mind (Power)	Idea	Expression
1	1:1-5	Element	Intelligence	Illumination	Awareness
2	6-8	Firmament/ Foundation	Faith	Affirmation	Decree / Make Firm
3	9-13	Dry Land & Plants	Imagination	Concentration / Image	Focus / Visualization
4	14-19	Lights by Day & Lights by Night	Understanding & Will	Comprehension & Choice	Knowledge & Direct Action
5	20-23	Birds of the Sky & Creatures of the Water	Judgment	Spiritual vs. Animalistic Thinking or Christ Consciousness vs. Sense/Ego Consciousness	Discernment
6	24-31	Land Animals & Humankind	Wisdom & Love	Thinking & Feeling Nature / Spiritual Identity	Dominion/Power Over Thought Conscious Intention & Expression
7	2:1-3	Rest	Power	Peace & Silence	Sabbath / Rest / Letting Go